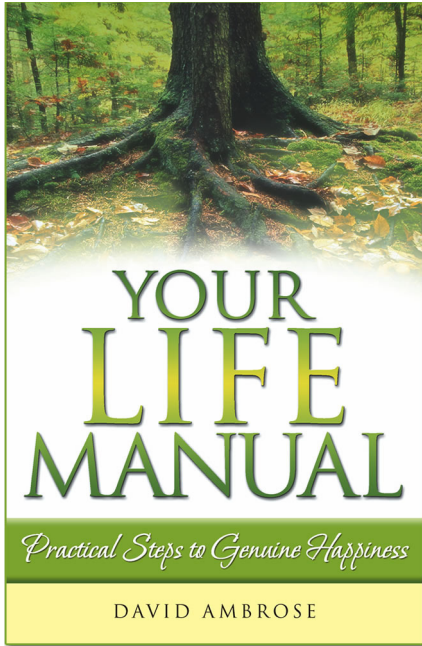


YOUR LIFE MANUAL

PRACTICAL STEPS TO GENUINE HAPPINESS

SAMPLE INTERVIEW QUESTIONS



**Your Life Manual:
Practical Steps to Genuine
Happiness**

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Contact: David Ambrose
email: info@YourLifeManual.com
Web: www.YourLifeManual.com
Phone: 1-877 50HAPPY (42779)
or 1-403 295-2679
Fax: 403 295-2656

Revolution Mind Publishing
Box 51113 Beddington R.P.O.
Calgary Alberta
T3K 3V0
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- ◆ What *is* Genuine Happiness?
- ◆ Why is this book appropriate now?
- ◆ Who is this book aimed at? Who will find it helpful?
- ◆ There are so many books out there on similar subjects. What makes yours different?
- ◆ Your Life Manual sounds like quite a self-important title, doesn't it?
- ◆ What makes you qualified to write this book?
- ◆ Do you really believe that we can all be genuinely happy?
- ◆ If everything we do is designed to make us happy, why is there so much unhappiness in the world today?
- ◆ What do you believe to be the greatest contributing factors leading to unhappiness today?
- ◆ You focus a lot on the power of the mind. Why?
- ◆ Do you really believe that the mind is as powerful as you suggest?
- ◆ Are there limits to the changes that the average person can bring about through mind power?
- ◆ What is the significance of the tree on the cover?
- ◆ How long did the book take to write?

Journalists: David Ambrose welcomes interview requests. For print or radio interviews and personal appearances, see contact details in the column on the left.

Written answers to these questions are available if you prefer.